

## Asavas and Arishtas

Asavas and Arishtas are the medicinal preparations containing the self generated alcohol upto 12% in which the alcohol extracts the medicinal properties of the ingredients used. They are easily absorbed by the gastric mucosa, when administered. The medicine prepared in kashaya is generally called arishtas and that prepared in boiled and cooled water is called Asavas. They are prepared with sugar, jaggery, honey... etc. mixed with above kashayam or water along with powdered medicine and kept for a certain period in wooden barrels and is allowed to ferment with the aid of Dattliaki added to it.



The self generated alcohol also preserves the potency of the medicinal ingredients. The more these Asavarishtas become old, the more they are effective. Special care and attention is taken during the manufacturing process as they are exothermic biochemical reaction. The alcohol content and other relevant parameters are analysed by the quality control section before packing to ensure standard quality of the product.

### ABHAYARISHTA

(Ref: Sahasrayogam)

#### INDICATION

Piles, sprue syndrome, anaemia, cardiac and splenic complaints, ascites, skin diseases, oedema, digestive disorders. Improves vigour & vitality, controls jaundice, leucoderma, worm complaints and fever. Regular use of this at bed time, acts as a good laxative.

#### DOSAGE

15 to 25 ml twice daily or as directed by the Physician.

#### PACKING

200 and 450 ml bottle.

### AMRUTHARISHTA

(Ref: Sahrayogam)

#### INDICATION

Recommended for all kinds of fevers, rheumatic complaints and diseases accompanied with fever.

#### DOSAGE

15 to 25 ml twice daily or as directed by the Physician

#### PACKING

200 and 450 ml bottle.

## **ARAGWATHARISHTA**

(Ret: Ashtangahrudayam)

### **INDICATION**

Advised in complaints of vomiting, anaemia, skin diseases, mild poisons, fever, itching, diabetes, old and infected wounds.

### **DOSAGE**

15 to 25 ml twice daily or as directed by the Physician

### **PACKING**

200 and 450 ml bottle..

## **ASOKARISHTA**

(Ret: Sahasrayogam)

### **INDICATION**

Recommended in uterine bleeding, leucorrhoea, fever, abdominal pain, painful menstruation, piles, indigestion, diabetes, oedema etc. An ideal uterine tonic.

### **DOSAGE**

15 to 25 ml twice daily after meals or as directed by the Physician

### **PACKING**

200 and 450 ml bottle..

## **ASWAGANDHARISHTA**

(Ref: Sahasrayogam)

### **INDICATION**

Epilepsy, fainting, fatigue, psychic problems, piles, cardiac complaints and rheumatic complaints. It relieves anxiety, tension and general weakness.

### **DOSAGE**

15 to 25 ml twice or thrice daily or directed by the Physician.

### **PACKING**

200 and 450 ml bottle..

## **AYASKRITHI**

(Ref: Ashtangahrudayam)

### **INDICATION**

Advised for diabetes, piles, leucoderma, lack of appetite, sprue syndrome, skin diseases, anaemia, obesity etc.

### **DOSAGE**

15 to 25 ml twice daily or as directed by the Physician.

### **PACKING**

200 and 450 ml bottle.

## **BALARISHTA**

(Ref: Sahasrayogam)

### **INDICATION**

An ideal restorative tonic recommended in the treatment of severe rheumatic complaints, for regaining body health and strength. Improves digestive power.

### **DOSAGE**

15 to 25 ml twice daily after meals or as directed by the Physician.

### **PACKING**

200 and 450 ml bottle.

## **CHANDANASAVA**

(Ret: Sahasrayogam)

### **INDICATION**

Recommended in the treatment of nocturnal emissions, burning micturition, body heat and cystitis. Improves digestion, strength and vigour.

### **DOSAGE**

15 to 25 ml twice or thrice daily after food or as directed by the Physician

### **PACKING**

200 and 450 ml bottle..

## **DASAMOOLARISHTA**

(Ref: Sahasrayogam)

### **INDICATION**

Recommended in rheumatic complaints, cough, bronchitis, dyspnoea, gastric disorders, vomiting, dysuria and anaemia. It is a general tonic and can be used in post-natal care. Renders physical strength, vigour and vitality.

### **DOSAGE**

15 to 25 ml twice or thrice daily after food or as directed by the Physician.

### **PACKING**

200 and 450 ml bottle.

## **DASAMOOLAJEERAKARISHTA**

(Ref: Sahasrayogam)

### **INDICATION**

Prescribed for post-natal care, sprue syndrome, abdominal and i digestive tract disorders, general debility, bronchitis etc.

### **DOSAGE**

15 to 25 ml twice daily after food or as directed by the Physician.

### **PACKING**

200 and 450 ml bottle.

## **DHANWANTHARARISHTA**

(Ref: Sahasrayogam)

### **INDICATION**

Ideal for post-natal care. Indicated in vaginal disorders, burning micturition, rheumatic diseases, nervous debility, hernia and fever. Treats fractures, trauma and injury to vital points.

### **DOSAGE**

10 to 25 ml twice daily after food or as directed by the Physician.

### **PACKING**

200 and 450 ml bottle.

## **Dhathryarishta**

(Ref: Chakradatham)

### **INDICATION**

Recommended in bleeding piles, constipation, loss of appetite, sprue, worm infestation, oedema, ascites etc.

### **DOSAGE**

15 to 25 ml twice daily after food or as directed by the Physician.

### **PACKING**

200 and 450 ml bottle.

## **DHURALABHARISHTA**

(Ref: Ashtangahrudayam)

### **INDICATION**

It is very effective in bleeding piles, sprue, worm infestation, loss of appetite and fever.

### **DOSAGE**

10 to 25 ml twice daily after food or as directed by the Physician.

### **PACKING**

200 and 450 ml bottle.

## **DRAKSHARISHTA**

(Ref: SarngadharaSamhitha)

### **INDICATION**

General weakness, loss of appetite, dyspnoea, cough, bronchitis, anaemia and chronic throat diseases. Recommended in habitual constipation.

### **DOSAGE**

10 to 25 ml twice daily after food or as directed by the Physician.

### **PACKING**

200 and 450 ml bottle.

## **JEERAKAHISHTA**

(Ref: Sahasrayogam)

### **INDICATION**

It is very effective in post-natal care. Indicated in sprue syndrome, diarrhoea and digestive disorders.

### **DOSAGE**

10 to 25 ml twice daily after food or as directed by the Physician.

### **PACKING**

200 and 450 ml bottle..

## **KANAKASAVA**

(Ref: Sahasrayogam)

### **INDICATION**

Recommended for bronchial asthma, cough, hiccough, dyspnoea, secondary stage of fever etc.

### **DOSAGE**

15 to 25 ml twice daily after food or as directed by the Physician.

### **PACKING**

200 and 450 ml bottle.

## **KHADIRARISHTA**

(Ref: Sahasrayogam)

### **INDICATION**

Effective in acute and chronic skin diseases, cardiac complaints, anaemia, cancer wounds, cough, splenic complaints and worm trouble. An excellent blood purifier.

### **DOSAGE**

10 to 25 ml twice daily after food or as directed by the Physician.

### **PACKING**

200 and 450 ml bottle.

## **KUMARYASAVA**

(Ref: Sahasrayogam)

### **INDICATION**

Arrests all kinds of acute fevers, sprue syndrome, bleeding dysentery etc.

### **DOSAGE**

10 to 25 ml twice daily after food or as directed by the Physician.

### **PACKING**

200 and 450 ml bottle.

## **KUTAJARISHTA**

(Ref: Sahasrayogam)

### **INDICATION**

Arrests all kinds of acute fevers, sprue syndrome, bleeding dysentery etc.

### **DOSAGE**

10 to 25 ml twice daily after food or as directed by the Physician.

### **PACKING**

200 and 450 ml bottle..

## **LODHRASAVA**

(Ret: Ashtangahrudayam)

### **INDICATION**

Diabetes, piles, leucoderma, skin diseases, worm complaints, anaemia, sprue syndrome, obesity etc. Consuming lodhrasava and Ayaskrithi in equal ratio is recommended to reduce excess fat in the body.

### **DOSAGE**

10 to 25 ml twice daily after food or as directed by the Physician.

### **PACKING**

200 and 450 ml bottle.

## **LOHASAVA**

(Ret: SarngadharaSamhitha)

### **INDICATION**

Adviced in anaemia, liver and splenic diseases, oedema, ascites, piles, fistula, cough etc.

### **DOSAGE**

10 to 25 ml twice daily after food or as directed by the Physician.

### **PACKING**

200 and 450 ml bottle..

## **MUSTHARISHTA**

(Ret: Sahasrayogam)

### **INDICATION**

Controls intestinal colic, indigestion, sprue syndrome, diarrhoea, loss of appetite etc.

### **DOSAGE**

5 to 25 ml twice daily after food or as directed by the Physician.

### **PACKING**

200 and 450 ml bottle.

## **PARTHADYARISHTA**

(Ref: Bhaishajyaratnavali)

### **INDICATION**

Cardiac and respiratory complaints. Provides health and vigour. Can be given in hypertension.

### **DOSAGE**

15 to 25 ml twice daily after food or as directed by the Physician.

### **PACKING**

200 and 450 ml bottle.

## **PIPPALYASAVA**

(Ref: SarngadharaSamhitha)

### **INDICATION**

Anorexia, digestive disorders, leanness of body, sprue syndrome, anaemia, piles, ascites, jaundic etc.

### **DOSAGE**

10 to 25 ml twice daily after food or as directed by the Physician

### **PACKING**

200 and 450 ml bottle.

## **POOTHEEKARANJASAVA**

(Ref: Ashtangahrudayam)

### **INDICATION**

Haemorrhoides, anaemia, ascites, splenic, disorders, constipation, stone in bladder and other urinary complaints. Improves digestion.

### **DOSAGE**

15 to 25 ml twice daily after food or as directed by the Physician.

### **PACKING**

200 and 450 ml bottle.

## **PUNARNAVASAVA**

(Ref: Sahasrayogam)

### **INDICATION**

Oedema, dropsy, liver and spleen disorders, fever etc.

### **DOSAGE**

15 to 25 ml twice daily after food or as directed by the Physician.

### **PACKING**

200 and 450 ml bottle.

## **SARASWATHARISHTA**

(Ref: Sahasrayogam)

### **INDICATION**

It increases memory power, vigour, courage and mental health. Advised for both sexes and for all aged groups. It offers melodious voice for singers. Indicated in sexual debility, stammering, hoarseness of sound and anxiety.

### **DOSAGE**

10 to 15 ml preferably with milk at bed time or as directed by the Physician.

### **PACKING**

200 and 450 ml bottle.

## **SIREESHARISHTA**

(Ref: Sahasrayogam)

### **INDICATION**

It is very effective in the treatment of diseases caused by poisons and related skin complaints.

### **DOSAGE**

15 to 25 ml twice daily after food or as directed by the Physician.

### **PACKING**

200 and 450 ml bottle.

## **VASARISHTA**

(Ref: Ayurvedic Formulary of India)

### **INDICATION**

Cough, asthma, throat diseases, injury in chest, epistaxis and bronchitis.

### **DOSAGE**

15 to 25 ml twice daily after food or as directed by the Physician.

### **PACKING**

200 and 450 ml bottle.

**DHANTHYARISHTAM**  
(Ref : Chakradathamgrandha )

**INDICATION**

Effective in vitiated vata , improves digestion,piles , constipation.

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**DOSAGE**

15 to 25 ml twice daily or as directed by the Physician.

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**PACKING**

200 and 450 ml bottle.