

## Kashayams

Kashayas (Kwathas) are the basic form of medicine in Ayurvedic system. Kashayas are the aqueous extract of drugs i.e. decoction prepared by boiling the drugs with water and concentrating it. They are also the basic ingredient in the preparation of medicated oils & ghees, Lehyas, pills etc. Unlike in the ancient times, where the physicians used to prepare kashayas personally for their patients or patients prepare it themselves, in reply to the need of modern man they are prepared in bulk and is available in ready to use form.



The medicinal ingredients are taken as per the respective yogams (Recipes) are cleaned, washed, pounded and boiled in required quantity of water. When the quantity of water is reduced to quarter portion, filter off the kashaya and concentrated again to required volume, which is then packed in cleaned bottles hygenically after adding necessary quantity of preservative. Generally the method of administration is 5 to 15 ml. with thrice quantity of boiled and cooled water, twice daily in empty stomach or as directed by the physician.

### AMRUTHOTHARAM KASHAYAM (Ref: Sahasrayogam)

#### INDICATION

indicated in all types of fever, mild laxative and digestive. Mainly indicated in oedematic condition in rheumatic fever.

#### DOSAGE

5 to 15 ml. with thrice quantity of boiled and cooled water, twice daily in empty stomach or as directed by the Physician.

#### PACKING

200 ml. bottle.

### ARAGWATHAM KASHAYAM (ARAGWATHADIGANAM) (Ref: Ashtangahrudayam)

#### INDICATION

Blood purifier, very effective in diabetes, skin diseases, vomiting, fever, poison, itching, boils and wounds. It can also be used for washing the ulcerated parts.

#### DOSAGE

5 to 15 ml. with thrice quantity of boiled and cooled water, twice daily, in empty stomach or as directed by the Physician.

#### PACKING

200 ml. bottle.

### ASHTAVARGAM KASHAYAM (Ref: Sahasrayogam)

#### INDICATION

Indicated in neurotic pains, numbness, low back pain and generally in all rheumatic complaints.

#### DOSAGE

5 to 15 ml with thrice quantity of boiled and cooled water, twice daily in empty stomach or as directed by the Physician.

### BRUHATHYADI KASHAYAM (Ref: Ashtangahrudayam)

#### INDICATION

An ideal diuretic. Can be used in urinary infection, calculi, dysuria, haematuria and urolithiasis. Can be used as an adjuvant to Chandraprabha pills.

#### DOSAGE

5 to 15 ml. with thrice quantity of boiled

**PACKING**

200 ml. bottle.

and cooled water, twice daily in empty stomach or as directed by the Physician.

**PACKING**

200 ml. bottle.

**CHERIYARASNADI KASHAYAM  
(DASAMOOLARASNADI) (Ref: Sahasrayogam)****INDICATION**

An ideal antiinflammatory drug of choice. Indicated in rheumatism associated with pain, fever and swelling in joints. Use with pure Castor oil in the morning and powder of Zingiber officinale in the evening, as anupanam.

**DOSAGE**

5 to 15 ml. with thrice quantity of boiled and cooled water, twice daily in empty stomach or as directed by the Physician.

**PACKING**

200 ml. bottle.

**CHIRUVILWADI KASHAYAM  
(Ref: Sahasrayogam)****INDICATION**

Piles, fistula, gas trouble and constipation.

**DOSAGE**

5 to 15 ml. with thrice quantity of boiled and cooled water, twice daily in empty stomach or as directed by the Physician.

**PACKING**

200 ml. bottle.

**DASAMOOLAKADUTHRAYAM  
KASHAYAM  
(Ref: Sahasrayogam)****INDICATION**

Effective in bronchial and asthmatic complaints. Indicated as antiperiodic, expectorant and as a cardiac tonic. Removes head ache, chest pain, body ache and low back-ache.

**DOSAGE**

5 to 15 ml. with thrice quantity of boiled and cooled water, twice daily in empty stomach along with honey as anupanam or as directed by the Physician.

**PACKING**

200 ml. bottle.

**DHANADANAYANADI  
KASHAYAM  
(Ref: Sahasrayogam)****INDICATION**

Prescribed in rheumatic complaints, especially facial paralysis, convulsions etc.

**DOSAGE**

5 to 15 ml. with thrice quantity of boiled and cooled water, twice daily in empty stomach or as directed by the Physician.

**PACKING**

200 ml. bottle.

## DHANWANTHARAM KASHAYAM

(Ref: Sahasrayogam)

### INDICATION

Ideal for post-natal care. Indicated in vaginal disorders, burning micturition, rheumatic diseases, nervous debility, hernia and fever. Treats fractures, trauma and injury on vital points.

### DOSAGE

5 to 15 ml. with thrice quantity of boiled and cooled water, twice daily in empty stomach or as directed by the Physician.

### PACKING

200 ml. bottle.

## DRAKSHADI KASHAYAM

(Ref: Ashtangahrudayam)

### INDICATION

Recommended in fevers, toxicity due to excessive alcoholism, vomiting, fainting, thirst, burning sensation, jaundice and haematemesis.

### DOSAGE

5 to 15 ml. with thrice quantity of boiled and cooled water, twice daily in empty stomach or as directed by the Physician.

### PACKING

200 ml. bottle.

## DWIGUNARASNDI KASHAYAM

(*Rasna Dwigunabhagasya....*)

(Ref: Sahasrayogam)

### INDICATION

Recommended in rheumatic complaints such as paraplegia, hemiplegia, sciatica etc. Cures hernia, fitariasis, vaginal diseases and infertility.

### DOSAGE

5 to 15 ml. with thrice quantity of boiled and cooled water, twice daily in empty stomach or as directed by the Physician.

### PACKING

200 ml. bottle.

## ELAKANADI KASHAYAM

(Ref: Sahasrayogam)

### INDICATION

Tuberculosis and its associated symptoms such as cough, asthma, rhinitis etc. can be used as a restorative tonic in wasting diseases.

### DOSAGE

5 to 15 ml with thrice quantity of boiled and cooled water, twice daily in empty stomach with honey, sugar, Cumin seed powder or with Glycyrrhiza glabra powder or as directed by the Physician.

### PACKING

200 ml. bottle.

## GULGULUTHIKTHAKAM KASHAYAM

(Ref: Ashtangahrudayam)

### INDICATION

Antiseptic, blood purifier, haematinic, appetizer and restorative. Useful in chronic skin diseases, leprosy, leucoderma, ulcers, eczema, fistula and dandruff.

### DOSAGE

5 to 15 ml. with thrice quantity of boiled and cooled water, twice daily in empty stomach or as directed by the Physician.

### PACKING

200 ml. bottle.

## GULUCHYADI KASHAYAM

(Ref: Sarngadhara samhitha)

### INDICATION

Indicated as antipyretic, appetizer and digestive. Effective in nausea, vomiting, excessive body heat and burning sensation in chest.

### DOSAGE

5 to 15 ml. with thrice quantity of boiled and cooled water, twice daily in empty stomach or as directed by the Physician.

### PACKING

200 ml. bottle.

## **GANDHARVAHASTHADI KASHAYAM**

(Ref: Sahasrayogam)

### **INDICATION**

A good laxative and carminative. Cures rheumatic complaints anorexia and sacral pain.

### **DOSAGE**

5 to 15 ml. with thrice quantity of boiled and cooled water, twice daily in empty stomach. Rock salt and jaggery can be added anupana; or as directed by the Physician.

### **PACKING**

200 ml. bottle.

## **INDUKANTHAM KASHAYAM**

(Ref: Sahasrayogam)

### **INDICATION**

Cures rheumatic complaints, fatigue, ascitis, gastric and duodenal ulcers, intermittent fevers and general debility.

### **DOSAGE**

5 to 15 ml. with thrice quantity of boiled and cooled water, twice daily in empty stomach or as directed by the Physician.

### **PACKING**

200 ml. bottle.

## **KARAPPAN KASHAYAM**

(Ref: Arogyakalpadrumam)

### **INDICATION**

Skin diseases in children. Effective in dermatitis, itching, rashes, erysiplas etc.

### **DOSAGE**

3 to 10 ml. with thrice quantity of boiled and cooled water, twice daily in empty stomach or as directed by the Physician.

### **PACKING**

## **GOPICHANDANADI**

(Ref: Arogyakalpadrumam)

### **INDICATION**

Prescribed in diseases commonly seen among children especially fever, exfoliative dermatitis, itching, cough and other diseases related to vitiated kapha.

### **DOSAGE**

3 to 10 ml. with thrice quantity of boiled and cooled water, twice daily in empty stomach or as directed by the Physician.

### **PACKING**

100 and 200 ml. bottle.

## **KAIDARYADI KASHAYAM**

(Ref: Chikilsamanjari)

### **INDICATION**

Very effective in gastro-intestinal diseases, indigestion, diarrhoea, dysentery, gastric ulcers, amoebiasis etc.

### **DOSAGE**

5 to 15 ml. with thrice quantity of boiled and cooled water, twice daily in empty stomach or as directed by the Physician.

### **PACKING**

200 ml. bottle.

## **KOKILAKSHAKAM KASHAYAM**

(Ref: Ashtangahrudayam)

### **INDICATION**

A well known drug in the treatment of gout. Diuretic in action. Very effective in burning micturition and calculi. In rheumatic complaints it can be used along with other antirheumatic drugs.

### **DOSAGE**

5 to 15 ml. with thrice quantity of boiled

200 ml. bottle.

### **MAHAMANJISHTADI KASHAYAM**

(Ref: Sahasrayogam)

#### **INDICATION**

Cures eighteen kinds of chronic infectious skin diseases, gout, facial paralysis, filaria, numbness on legs, partial paralysis, obesity and eye diseases.

#### **DOSAGE**

5 to 15 ml. with thrice quantity of boiled and cooled water, twice daily in empty stomach or as directed by the Physician.

#### **PACKING**

200 ml. bottle.

### **MAHARASNADI KASHAYAM**

(*Rasnerantarnruthogra.....*)

(Ref: Sahasrayogam)

#### **INDICATION**

Indicated in paraplegia, hemiplegia, body pain, respiratory complaints, convulsions, parkinsons disease, filariasis, sciatica, lameness and rheumatoid arthritis

#### **DOSAGE**

5 to 15 ml. with thrice quantity of boiled and cooled water, twice daily in empty stomach or as directed by the Physician.

#### **PACKING**

200 ml. bottle.

and cooled water, twice daily in empty stomach or as directed by the Physician.

#### **PACKING**

200 ml. bottle.

### **MAHATHIKTHAKAM KASHAYAM**

(Ref: Sahasrayogam)

#### **INDICATION**

Recommended in chronic skin diseases due to vitiated pitha, irritations, leucoderma, abcess, ulcers, jaundice, epilepsy, ascitis, bleedings, mild poisons, piles etc. Acts as antiseptic, blood purifier, haematinic and appetizer.

#### **DOSAGE**

5 to 15 ml. with thrice quantity of boiled and cooled water, twice daily in empty stomach or as directed by the Physician.

#### **PACKING**

200 ml. bottle.

### **MANJISHTADI KASHAYAM**

(Ref: Sahasrayogam)

#### **INDICATION**

Blood purifier and anti infective. Used in skin diseases, eczema, boils, urticaria and gout. In gout it can be used with Mahayogarajagulgulu and in skin diseases with Kaisoragulgulu.

#### **DOSAGE**

5 to 15 ml. with thrice quantity of boiled and cooled water, twice daily, in empty stomach or as directed by the Physician.

#### **PACKING**

200 ml. bottle.

## MUSALIKHADIRADI KASHAYAM

(Ref: Sahasrayogam)

### INDICATION

Haemostatic, diuretic, treats leucorrhoea and menorrhagia. Effective in all uterine diseases.

### DOSAGE

Add 5 to 15 ml. with thrice quantity of boiled and cooled water along with honey, twice daily in empty stomach or as directed by the Physician.

### PACKING

200 ml. bottle.

## NIMBADI KASHAYAM

(Ref: Sahasrayogam)

### INDICATION

Antiinfective, antiperiodic and blood purifier. Specially indicated for abscess and boils due to excessive body heat.

### DOSAGE

Add 5 to 15 ml. with thrice quantity of boiled and cooled water, twice daily in empty stomach or as directed by the Physician.

### PACKING

200 ml. bottle.

## NISAKATHAKADI KASHAYAM

(Ref: Sahasrayogam)

### INDICATION

indicated in diabetes mellitus, excessive thirst, diabetic carbuncles, excess body heat etc. Regular use of the medicine will control blood and urine sugar.

### DOSAGE

5 to 15 ml. with thrice quantity of boiled and cooled water, twice daily in empty stomach or as directed by the Physician.

### PACKING

200 ml. bottle.

## PANCHATHIKTHAKAM KASHAYAM

(Ref: Ashtangahrudayam)

### INDICATION

Antipyretic. Used in skin diseases. Effect of the kwatha is well known for the treatment of urticaria.

### DOSAGE

5 to 15 ml. with thrice quantity of boiled and cooled water, twice daily in empty stomach or as directed by the Physician.

### PACKING

200 ml. bottle.

## PATOLADIGANAM KASHAYAM

(PATOLAKADUROHINYADI) (Ref: Ashtangahrudayam)

### INDICATION

Advised in diseases related with vitiated kapha and pitha, fever, poisons, vomiting, lack of appetite, jaundice etc.

### DOSAGE

5 to 15 ml. with thrice quantity of boiled and cooled water, twice daily in empty stomach or as directed by the Physician.

### PACKING

200 ml. bottle.

## PATOLAMOOLADI KASHAYAM

(Ref: Ashtangahrudayam)

### INDICATION

A good laxative. Indicated for all kinds of skin diseases, piles, cardiac pain, jaundice, fever etc.

### DOSAGE

5 to 15 ml. with thrice quantity of boiled and cooled water, twice daily in empty stomach or as directed by the Physician.

**PATHYASHADAMGAM KASHAYAM**  
(Pathyakshadhathryadi)  
(Ref: Sarngadhara Samhitha)

**INDICATION**

Very effective in Migraine, sinusitis, dental diseases and for all ENT complaints. Use along with jaggery.

**DOSAGE**

5 to 15 ml. with thrice quantity of boiled and cooled water and jaggery, twice daily in empty stomach or as directed by the Physician.

**PACKING**

200 ml. bottle.

**PACKING**

200 ml. bottle.

**PRASARANYADI KASHAYAM**

(Ref: Sahasrayogam)

**INDICATION**

Generally used in the treatment of nervous disorders, especially paralysis, brachial neuralgia and spondylitis.

**DOSAGE**

5 to 15 ml. with thrice quantity of boiled and cooled water, twice daily in empty stomach or as directed by the Physician.

**PACKING**

200 ml. bottle.

**PUNARNAVADI KASHAYAM**  
(Ref: Sahasrayogam)

**INDICATION**

Indicated in oedema associated with fever, anaemia, cough and breathing trouble. The diuretic action of the medicine is well known.

**DOSAGE**

5 to 15 ml. with thrice quantity of boiled and cooled water, twice daily in empty stomach or as directed by the Physician.

**PACKING**

200 ml. bottle.

**RASNADI KASHAYAM**

(Rasnathamalakee... ) (Ref: Sahasrayogam)

**INDICATION**

Recommended in rheumatic complaints of various etiology, especially hemiplegia, quadriplegia, sciatica, convulsions, paralysis etc.

**DOSAGE**

5 to 15 ml. with thrice quantity of boiled and cooled water, twice daily in empty stomach with Rock salt or Piper longum powder as anupana or as directed by the Physician.

**PACKING**

200 ml. bottle.

**RASNERANTADI KASHAYAM**  
(CHUVANNARATHA)

(Rasneranta bala Sahachara Varee... )  
(Ref: Sahasrayogam)

**INDICATION**

Rheumatic conditions with pain and swelling. Effective in back ache, pain in lower limbs, thigh and sacrum.

**DOSAGE**

5 to 15 ml. with thrice quantity of boiled and cooled water, twice daily in empty stomach or as directed by the Physician.

**PACKING**

**RASNASAPTHAKAM KASHAYAM**

(Ref: Sarngadhara Samhitha)

**INDICATION**

Pain in the thigh and sacral region, sciatica, lumbago, intercostal neuralgia and also indicated in pain and swelling in rheumatoid arthritis.

**DOSAGE**

5 to 15 ml. with thrice quantity of boiled and cooled water and Zingiber officinale powder, twice daily in empty stomach or

200 ml. bottle.

### **RASONADI KASHAYAM** (Ref: Sahasrayogam)

#### **INDICATION**

Indicated in hiccough, vomiting, dyspepsia, cardiac complaints etc. Also indicated in rheumatic complaints.

#### **DOSAGE**

5 to 15 ml. with thrice quantity of boiled and cooled water, twice daily in empty stomach or as directed by the Physician.

#### **PACKING**

200 ml. bottle.

### **SAPTHASARAM KASHAYAM** (Ref: Sahasrayogam)

#### **INDICATION**

Constipation, indigestion, anorexia, pain in vagina, stomach, waist and sacral region. Recommended in amenorrhoea, splenic disorders and flatulence.

#### **DOSAGE**

5 to 15 ml. with thrice quantity of boiled and cooled water, twice daily in empty stomach with jaggery, Rock salt, Piper longum powder, Ferula foetida powder or ghee or as directed by the Physician.

#### **PACKING**

200 ml. bottle.

### **THIKTHAKAM KASHAYAM** (Ref: Ashtangahrudayam)

#### **INDICATION**

Blood purifier, antiinfective and haematinic, very useful in the treatment of ulcers, eye diseases, cardiac complaints etc.

#### **DOSAGE**

5 to 15 ml. with thrice quantity of boiled and cooled

as directed by the Physician.

#### **PACKING**

200 ml. bottle.

### **SAHACHARADI KASHAYAM** (Ref: Sahasrayogam)

#### **INDICATION**

Very effective in rheumatic complaints affected mainly on waist and lower extremities. Indicated in lameness, sciatica, osteo arthritis of knee joint etc.

#### **DOSAGE**

5 to 15 ml. with thrice quantity of boiled and cooled water, twice daily in empty stomach with suitable medicated oils or as directed by the Physician.

#### **PACKING**

200 ml. bottle.

### **SUKUMARAM KASHAYAM** (Ref: Ashtangahrudayam)

#### **INDICATION**

Indicated in gastro-intestinal diseases, hernia, oedema, lack of appetite, constipation, piles, abscess and menstrual disorders. Improves colour, complexion and vigour.

#### **DOSAGE**

5 to 15 ml. with thrice quantity of boiled and cooled water, twice daily in empty stomach or as directed by the Physician.

#### **PACKING**

200 ml. bottle.

### **VARANADIGANAM KASHAYAM** (Ref: Ashtangahrudayam)

#### **INDICATION**

Advised in diseases related to phlegm formation and obesity. Envisages rates digestion and appetite. Cures rheumatic complaint, head ache, digestive tract disorders, internal abscess etc.



water, twice daily in empty stomach or as directed by the Physician.

**PACKING**

200 ml. bottle.

**DOSAGE**

5 to 15 ml. with thrice quantity of boiled and cooled water, twice daily in empty stomach or as directed by the Physician.

**PACKING**

200 ml. bottle.

**VIDARYADI KASHAYAM**

(Ref: Ashtangahrudayam)

**INDICATION**

Cardiac and restorative tonic. Increases body weight, promote strength. Recommended in bronchial arid asthmatic complaints body pain, emaciation cough and for post-natal care.

**DOSAGE**

5 to 15 ml. with thrice quantity of boiled and cooled water, twice daily in empty stomach or as directed by the Physician.

**PACKING**

200 ml. bottle.

**VYOSHADI KASHAYAM**

(KARIMBIRUMBADI)

(Ref: Sahasrayogam)

**INDICATION**

Very effective in anaemia and associated symptoms. Digestive and appetizer.

**DOSAGE**

5 to 15 ml. with thrice quantity of boiled and cooled water, twice daily in empty stomach or as directed by the Physician.

**PACKING**

200 ml. bottle.