

Lehyas

Lehyas are the medicinal preparations in which sugar, sugar candy or jaggery are used as the basic ingredients. It mainly consists of three parts: First part is the Kwatha, water or juices of medicinal plants as per the requirement. Second part is the medium used i.e. sugar, sugar candy or jaggery and the third part is the powder of the drugs. In addition to it Ghee/Ginger Oil/Coconut milk, Pulp of fruits etc are also added as advised in the respective formulations.



The volatile fraction of the powdered drugs are protected by the sugar molecules which also act as a preservative in the preparation. The temperature has to be maintained carefully throughout the preparation as excess heat may cause unwanted hardness and less heat keeps the preparation in the fluid stage. Hence it is prepared at an optimum temperature and until it reaches a required viscosity, which is checked by the modern scientific techniques simultaneously. The powdered drugs are added to it and allowed to cool. Honey is added if required and packed in most hygienic manner. With the advancement of modern techniques the shelf life of Lehyas are increased and can be kept for longer period. Odour and taste depends upon the drugs used and it generally emits sweet smell.

AGASTHYARASAYANAM

(Ref: Ashtangahrudayam)

INDICATION

Keeps the body fit and away from old age fatigues, improves the complexion and vigour of the body and helps to increase the life span. Cures all kinds of bronchial and asthmatic complaints, anorexia, fever, diabetes, piles, cardiac complaints, lack of appetite, Sinusitis etc.

DOSAGE

5 to 15 g. twice daily or as directed by the Physician.

PACKING

450, 200g Pet jar, and 100g. LD jar.

AJAMAMSARASAYANAM

(Ref: Everest pharmacopoea)

INDICATION

Effective in all rheumatic, bronchial and asthmatic complaints. Restorative tonic for all ages and a good galactagogue & tonic after delivery.

DOSAGE

5 to 15 gram twice daily after meals or as directed by the Physician.

PACKING

450 and 200 g. pet jar.

ASWAGANDHARASAYANAM

(Ref: Sahasrayogam)

INDICATION

It acts as a health booster, nervine tonic, ideal for vigour and vitality. Indicated in emaciation, general debility and sexual disorders.

DOSAGE

5 to 15 g. twice daily or as directed by the Physician.

PACKING

450 and 200 g. pet jar.

BAHUSALAGUDAM

(Ref: Sahasrayogam)

INDICATION

Diabetes, anaemia, jaundice, all types of piles, ascitas, indigestion, sprue syndrome, anorexia, sinusitis and offers intelligence and healthful long life.

DOSAGE

5 to 15 g. twice daily or as directed by the Physician.

PACKING

200 g. pet jar.

BRAHMARASAYANAM

(Ref: Asthanghrudayam)

INDICATION

It improves sexual & general health and arrests greying of hair. Improves memory, mental health and gives long life.

DOSAGE

5 to 15 gram twice daily with milk or as directed by the Physician.

PACKING

200 g. pet jar.

BHRUGHUHAREETHAKEE

(Ref: Chakradatham)

INDICATION

Thridoshakasaharam. Ideal for all kinds of asthma, chronic cough, cold and rajayakshma.

DOSAGE

5 to 15 g. twice or thrice daily or as directed by the Physician.

PACKING

100 g. LD jar

DASAMOO LAHAREETHAKI

(Ref: Ashtanghrudayam)

INDICATION

Oedema, fever, leanness, acidity, arthritis, ascites, discolouration of skin, urinary complaints splenic complaints etc.

DOSAGE

5 to 15 g. daily or as directed by the Physician.

PACKING

450, 200g Pet jar and 100 g.LD jar

DASAMOO LARASAYANAM

(Ref: Sahasrayogam)

INDICATION

It is very effective in bronchial asthma, hiccough, respiratory problems etc.

DOSAGE

2 to 5 g. at six hours intervals or as directed by the Physician.

PACKING

100 and 50g. LD jar.

DRAKSHADI LEHYAM

(Ref: Ashtangahrudayam)

INDICATION

Anaemia, jaundice, fatigue, anorexia etc.

DOSAGE

5 to 15 g. twice daily or as directed by the Physician.

PACKING

200 g. pet jar.

HARIDRAKHANDAM

(Ref: Baishajyaratnavali)

INDICATION

Urticaria, skin disorders, worm infestation, anaemia, eosinophilia and other allergic conditions.

DOSAGE

5 to 10 g. twice or thrice daily with warm water or milk or as directed by the Physician.

PACKING

100 g. LD jar.

KALYANAGULAM

(Ref: Ashtangahrudayam)

INDICATION

Sprue syndrome, cough, bronchial asthma, oedema, piles. It increases appetite and normal movement of stool.

DOSAGE

5 to 15 g. daily at bed time or as directed by the Physician.

PACKING

100 g.LD jar..

KARPOORADI LEHYAM

(Ref: Ashtangahrudayam)

INDICATION

Cough, anorexia, dyspnoea, bronchial asthma etc.

DOSAGE

2 to 5 g. intermittently or as directed by the Physician.

PACKING

100 and 50 g.LD jar.

KOOSHMANDARASAYANAM

(Ref: Sahasrayogam)

INDICATION

Bronchial asthma, anorexia, fever, epistaxis, hiccough, injury in chest and other chest diseases. It improves memory power and strength.

DOSAGE

5 to 15 g. twice daily or as directed by the Physician.

PACKING

200g. pet jar.

KUDAJVALEHYAM

(Ref: Sahasrayogam)

INDICATION

Cures all types of piles, diarrhoea, sprue syndrome and blood dysentery and strong epistaxis.

DOSAGE

5 to 15 g. daily or as directed by the Physician.

PACKING

100 g. LD jar.

MADHUSNUHI (BIG)

(Ref: Sahasrayogam)

INDICATION

Rheumatic complaints, anorexia, diabetes, digestive disorders, skin diseases, venereal diseases etc.

DOSAGE

5 to 15 g. twice daily or as directed by the Physician.

PACKING

200 g. pet jar

MANIBHADRAGULAM

(Ref: Ashtangahrudayam)

INDICATION

It is safe purgative in the treatment of skin diseases, cough, respiratory diseases, piles, ascited and worm infestation.

DOSAGE

10 to 15 g. at bed time or as directed by the Physician.

PACKING

100 g.LD jar.

PULIMKUZHAMBU

(Ref: Sahasrayogam)

INDICATION

Recommended in the postnatal care, gastro intestinal disorders like colic, loss of appetite, indigestion, flatulence, hernia etc.

DOSAGE

5 to 15 g. twice daily alone or with butter milk before meals or as directed by the Physician.

PACKING

100 g.LD jar.

SATHAVAREEGULAM

(Ref: Sahasrayogam)

INDICATION

It is recommended for urinary complaints, diabetes, vaginal discharge and uterine bleeding, jaundice, abdominal colic, menopausal syndrome etc.

DOSAGE

5 to 15 gram twice daily or as directed by the Physician.

PACKING

450 and 200 g. pet jar

SUKUMARAM LEHYAM

(Ref: Ashtangahrudayam)

INDICATION

Constipation, menstrualirregularities and other uterine disorders, hernia, piles, digestive disorders, ascites, spleen complaints and oedema.

DOSAGE

5 to 15 g. daily or as directed by the Physician.

PACKING

200 g. pet jar.

THALEESAPATHRADI VATAKAM

(Ref: Ashtangahrudayam)

INDICATION

Sprue syndrome, nausea, vomiting, fever, anaemia, ascites, rhinitis, cough, bronchial asthma, piles etc.

DOSAGE

5 to 15 g. twice daily or as directed by the Physician.

PACKING

100 g.and 50g.LD jar.

THAMBOOLA LEHYAM

(Ref: Everest pharmacopoea)

INDICATION

Effective in cough, asthma, bronchitis and diseases caused due to phlegm formation in the chest.

DOSAGE

Children : 1 to 2 g. twice or thrice daily
Adults : 5 g. twice or thrice daily or as directed by the Physician.

PACKING

100 and 50 g.LD jar.

VIDARYADI LEHYAM

(Ref: Ashtangahrudayam)

INDICATION

It is helpful to regain health and body weight. Indicated in emaciation digestive disorders, cardiac asthma, bronchial asthma etc.

DOSAGE

5 to 15 g. twice daily or as directed by the Physician.

PACKING

450 and 200 g. pet jar.

VILWADI LEHYA

(Ref: Sahasrayogam)

INDICATION

Vomitting, lack of appetite, indigestion, bronchial asthma, anorexia, excess production of saliva etc.

DOSAGE

5 to 10 g. at frequent intervals or as directed by the Physician.

PACKING

100 g. LD jar.

VYOSHADI VATAKAM

(Ref: Ashtangahrudayam)

INDICATION

Chronic sinusitis, rhinitis, anorexia, loss of appetite, cough and cold.

DOSAGE

5 to 15 gram twice daily or as directed by the Physician.

PACKING

200&100 g. pet jar and 50g LD jar